

Taijutsu is a Japanese blanket term for any combat skill, technique or system of martial art using body movements that are described as an empty-hand combat skill or system. The term is commonly used when referring to a traditional Japanese martial art but has also been used in the naming of modern martial arts such as Bujinkan Budo Taijutsu. Taijutsu is similar to Karate but is more focused on the body techniques. More specific names than taijutsu are typically used when describing a martial art, such as jujutsu, judo, aikido as well as karate and kenpō.